

Nursery & Prep Menu: Week 4 12/5-16/5



All dishes highlighted in green have one or more of the key features to make it a Future Proof Food dish.

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Tomato & Basil	Asparagus & Leek	Sweet Potato & Butternut	Leek & Potato Soup	Creamy Broccoli
Main Meal	MEAT FREE MONDAY	Paprika Chicken Wraps	Roast Turkey & Gravy	Teriyaki Chicken Noodles	Lincolnshire Sausage Hot-Dogs with Onions
Meat Free	Three Cheese Macaroni Green Pesto & Parmesan Gnocchi	Salsa Sauce Five Bean Fajita Wraps	Yorkshire Pudding Spring Vegetable & Cheddar Frittata	Sweet Chilli Tofu Noodles	Quorn Hot-Dogs Sun-Dried Tomato Risotto
On The Side	Garlic Bread, Roast Cauliflower & Peas	Potato Wedges & Sweetcorn	Roast Potatoes Sweetheart Cabbage & Peas	Broccoli & Green Beans	French Fries, Baked Beans & Peas
On The Salad Bar	Boiled Eggs with Salad Cream	Cucumber Salad	Tuna Mayo	Balsamic Beetroot	Mayo & Ketchup
Dessert	Double Chocolate Brownie	Chocolate Chip Cookies	Apple Crumble with Custard	Tropical Fruit & Jelly Selection	Rice Crispy Treat
Every Day	Fresh Fruit, Yoghurt Pots, Salads & Crudites Jacket Potatoes, Baked Beans & Cheese				