

Lunch Week 1 01/09 –07/09	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	INSET DAY - chicken	Hearty Moroccan Harira	Tomato & Basil	Woodland Mushroom & Tarragon	Creamy Potato & New- Season Leek	<div>Chef's Seasonal Special</div> <div>Chicken &amp; Sweetcorn Pie</div> <div>Leek &amp; Mushroom Pot Pie</div> <div>Buttery Mash</div> <div>Steamed Green Beans &amp; Carrots</div> <div>The Aldenham School Brunch Bar</div>	
Main Course		Creamy Beef Madras	Chicken Pad Thai	Roast Turkey with Gravy & Yorkshire	<div>FISH &amp; CHIPS SHOP</div> <div>Crispy Battered MSC Haddock</div>		
Vegetarian Main course		Coconut Chickpea & Spinach Curry	Tofu & Edamame Pad Thai	Slow-Roasted Tomato & Basil Risotto	Caprese Melt Panini		
Main Course Three		Provençal Olive & Tomato Pasta	Basil Pesto Pasta with Crumbled Feta	Red Pesto Fusilli with Spinach & Olives	Pepperoni & Mozzarella Panini		
Salad Bar		Cucumber Raita	Free-Range Eggs	Tuna Mayo	Tartar Sauce & Lemons		
Jacket Potato Bar		Beef Bolognaise & Cheese	Baked Beans & Cheese	Beef Chilli & Cheese	Baked Beans & Cheese		
On the side		Basmati Rice, Naan Bread & Onion Bhaji  Spiced Roasted Cauliflower & Green Beans	Spring Rolls & Prawn Crackers  Broccoli & Sweetcorn	Paprika Roast Potatoes, Sage & Onion Stuffing  Steamed Carrots & Roasted Kale with Lemon	Chips or Saute New Potatoes with Herbs & Butter  Garden Peas or Minted Mushy Peas		
Dessert		Chocolate Brownie	Apple Crumble & Vanilla Custard	Lemon Drizzle Cake	Apple & Blackberry Oaty Flapjack		
Daily Selection	Indulge in our daily assortment of healthy treats, including freshly cut fruit, creamy yoghurts, and delectable cakes!						

Lunch Week 2 08/09 – 14/09	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Roasted Tomato & Red Pepper	Spiced Red Lentil Soup	Classic French Onion	Carrot & Ginger	Late-Summer Garden Soup	<div>Mediterranean Mezze Bar</div> <div>           Chicken Shawarma            Lemon-Herb Couscous            Halloumi &amp; Pepper Skewers            Roasted Vegetables            Tzatziki         </div> <div>The Aldenham School Brunch Bar</div>	
Main Course	Chipotle Beef Chilli Con Carne	Chicken Gyros Wraps & Greek Salad	Lincolnshire Sausages Chicken Sausages	Chicken with Katsu Sauce	FISH & CHIPS SHOP Crispy Battered MSC Haddock		
Vegetarian Main course	Red Kidney Bean & Sweetcorn Chilli	Halloumi & Roast Veg Gyros	Quorn Sausages with Onion Gravy	Potato & Chickpea Katsu Curry	Quorn Hot-Dog with Fried Onions		
Main Course Three	Tomato & Spinach Pasta Fresh Tomato & Onion Salsa	Pasta with Olives & Sun-Dried Tomatoes	Red Pesto Pasta with Spinach & Olives	Green Pesto Pasta with Semi-Dried Tomatoes	Lincolnshire Sausage Hot-Dogs		
Salad Bar	Tuna Mayo	Red Pepper Hummus	Tuna Mayo	Crunchy Asian Slaw	Tartar Sauce & Lemons		
Jacket Potato Bar	Baked Beans & Cheese	Beef Chilli & Cheese	Baked Beans & Cheese	Baked Beans & Parmesan	Baked Beans & Cheese		
On the side	Tortilla Crisps & Mexican Rice Roasted Sweet Potatoes & Sweetcorn	Lemon & Oregano Potato Wedges Green Beans & Pickled Cabbage	Mash Potatoes Broccoli & Honey Glazed Roast Carrots	Steamed Rice Roasted Cauliflower & Green Beans	Chips or Saute New Potatoes with Olive & Chives Grilled Onions & Peas		
Dessert	Chocolate Cake & Sauce	Bramley Apple & Cinnamon Crumble with Cream	Rice Pudding with Berry Compote	Sticky Toffee Pudding & Sauce	Raspberry Jam Doughnuts		
Daily Selection	Indulge in our daily assortment of healthy treats, including freshly cut fruit, creamy yoghurts, and delectable cakes!						

Lunch Week 3 15/09– 21/09	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Tomato & Red Pepper	<div>MEXICAN INDEPENDENCE DAY</div> <div>SPECIAL MENU</div>	Parsnip & Apple	Caribbean Pumpkin & Sweet Potato	Creamy Cauliflower	<div>Italian Comfort</div> <div>Chicken Cacciatore</div> <div>Garlic &amp; Rosemary Roast Potatoes</div> <div>Aubergine &amp; Chickpea Cacciatore</div> <div>Garlic &amp; Herb Focaccia</div> <div>Seasonal Leaf Salad</div>	<div>The Aldenham School Brunch Bar</div>
Main Course	Beef Bolognese Sauce with Penne Pasta		Roast Gammon & Roast Turkey with Onion Gravy	Jerk Chicken Thighs with Honey–Lime Glaze & Sauce	FISH & CHIPS SHOP Crispy Battered MSC Haddock		
Vegetarian Main course	Soy & Lentil Bolognese Sauce		Shakshuka with Poached Eggs	Jerk-Spiced Roasted Cauliflower & Chickpeas	Smoky BBQ Beef Stack		
Main Course Three	Tuscan Gnocchi with Parmesan & Fresh Basil		Red Pesto Pasta with Spinach & Olives	Green Pesto Pasta with Crumbled Feta	Spiced Three-Bean Burger		
Salad Bar Protein	Tuna Mayo		Free-Range Eggs	Mango Salsa	Tartar Sauce & Lemons		
Jacket Potato Bar	Baked Beans & Mature Cheddar		Baked Beans & Parmesan	Beef Chilli & Mature Cheddar	Baked Beans & Parmesan		
On the side	Penne Pasta & Garlic Baguettes  Broccoli & Garden Peas		Thyme Roast Potatoes & Yorkshire Pudding  Steamed Carrots & Roasted Kale	Rice & Peas  Grilled Corn on the Cob with Chilli–Lime Butter & Green Beans	Chunky Chips & Roasted Sweet Potatoes  Garden Peas		
Dessert	Double Chocolate Brownie		Carrot Cake & Cream Cheese	Fruit Jelly Selection	Rocky Road		
Daily Selection	Indulge in our daily assortment of healthy treats, including freshly cut fruit, creamy yoghurts, and delectable cakes!						

Lunch Week 4 22/09 –28/09	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Creamy Cauliflower	Hearty Moroccan Harira	Tomato & Basil	Woodland Mushroom & Tarragon	Creamy Potato & New-Season Leek	<div>Chef's Seasonal Special</div> <div>Chicken &amp; Sweetcorn Pie</div> <div>Leek &amp; Mushroom Pot Pie</div> <div>Buttery Mash</div> <div>Steamed Green Beans &amp; Carrots</div>	<div>The Aldenham School Brunch Bar</div>
Main Course	Italian Beef Meatballs	Chicken Pad Thai	Chipotle Beef Chilli	Chicken Caesar Wraps	<div>FISH &amp; CHIPS SHOP</div> <div>Crispy Battered MSC Haddock</div>		
Vegetarian Main course	Pesto & Parmesan Gnocchi	Tofu & Edamame Pad Thai	Red Kidney Bean & Sweetcorn Chilli	Halloumi Caesar Wraps	Caprese Melt Panini		
Main Course Three	Tomato & Red Pepper Sauce	Basil Pesto Pasta	Tomato & Spinach Pasta Fresh Tomato & Onion Salsa	Red Pesto Fusilli with Spinach & Olives	Pepperoni & Mozzarella Panini		
Salad Bar	Tuna Mayo	Free-Range Eggs	Tuna Mayo	Pickled Red Onion	Tartar Sauce & Lemons		
Jacket Potato Bar	Baked Beans & Mature Cheddar	Baked Beans & Cheese	Baked Beans & Cheese	Beef Chilli & Cheese	Baked Beans & Cheese		
On the side	Penne Pasta & Garlic Bread Broccoli & Peas	Spring Rolls & Prawn Crackers Broccoli & Sweetcorn	Tortilla Crisps & Mexican Rice Roasted Sweet Potatoes & Sweetcorn	Potato Wedges with Oregano Steamed Green Beans & Grilled Zucchini	Chips or Saute New Potatoes with Herbs & Butter Garden Peas or Minted Mushy Peas		
Dessert	Coconut Flapjack	Chocolate Brownie	Apple Crumble & Vanilla Custard	Lemon Drizzle Cake	Rice Crispy Treat		
Daily Selection	Indulge in our daily assortment of healthy treats, including freshly cut fruit, creamy yoghurts, and delectable cakes!						

Lunch Week 5 29/09 – 05/10	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Roasted Tomato & Red Pepper	Spiced Red Lentil Soup	Classic French Onion	Carrot & Ginger	Late-Summer Garden Soup	<div>Mediterranean Mezze Bar</div> <div>           Chicken Shawarma            Lemon–Herb Couscous            Halloumi &amp; Pepper Skewers            Roasted Vegetables            Tzatziki         </div> <div>The Aldenham School Brunch Bar</div>	
Main Course	Three Cheese Butternut Mac	Chicken Gyros Wraps & Greek Salad	Lincolnshire Sausages Chicken Sausages	Chicken with Katsu Sauce	FISH & CHIPS SHOP Crispy Battered MSC Haddock		
Vegetarian Main course	Basil Pesto Gnocchi with Parmesan	Halloumi & Roast Veg Gyros	Quorn Sausages with Onion Gravy	Potato & Chickpea Katsu Curry	Quorn Hot-Dog with Fried Onions		
Main Course Three	Tomato & Spinach Pasta	Pasta with Olives & Sun-Dried Tomatoes	Red Pesto Pasta with Spinach & Olives	Green Pesto Pasta with Semi-Dried Tomatoes	Lincolnshire Sausage Hot-Dogs		
Salad Bar	Tuna Mayo & Eggs	Red Pepper Hummus	Tuna Mayo	Crunchy Asian Slaw	Tartar Sauce & Lemons		
Jacket Potato Bar	Baked Beans & Cheese	Beef Chilli & Cheese	Baked Beans & Cheese	Baked Beans & Parmesan	Baked Beans & Cheese		
On the side	Garlic Bread Roasted Sweet Potatoes & Sweetcorn	Lemon & Oregano Potato Wedges Green Beans & Roasted Med Veg	Mash Potatoes Broccoli & Honey Glazed Roast Carrots	Steamed Rice Roasted Cauliflower & Green Beans	Chips or Saute New Potatoes with Olive & Chives Grilled Onions & Peas		
Dessert	Chocolate Cake & Sauce	Bramley Apple & Cinnamon Crumble with Cream	Rice Pudding with Berry Compote	Sticky Toffee Pudding & Sauce	Raspberry Jam Doughnuts		
Daily Selection	Indulge in our daily assortment of healthy treats, including freshly cut fruit, creamy yoghurts, and delectable cakes!						



Lunch Week 6 06/10–12/10	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Soup	Tomato & Red Pepper	Cream of Vegetable	Parsnip & Apple	Caribbean Pumpkin & Sweet Potato	Creamy Cauliflower	<div>Italian Comfort</div> <div>Chicken Cacciatore</div> <div>Garlic &amp; Rosemary Roast Potatoes</div> <div>Aubergine &amp; Chickpea Cacciatore</div> <div>Garlic &amp; Herb Focaccia</div> <div>Seasonal Leaf Salad</div>	<div>The Aldenham School Brunch Bar</div>
Main Course	Beef Bolognese Sauce with Penne Pasta	Classic Shepherd's Pie	Roast Gammon & Roast Turkey with Onion Gravy	Jerk Chicken Thighs with Honey-Lime Glaze & Sauce	FISH & CHIPS SHOP Crispy Battered MSC Haddock		
Vegetarian Main course	Soy & Lentil Bolognese Sauce	Lentil & Root Veg Shepherd's Pie	Shakshuka with Poached Eggs	Jerk-Spiced Roasted Cauliflower & Chickpeas	Smoky BBQ Beef Stack		
Main Course Three	Tuscan Gnocchi with Parmesan & Fresh Basil	Pasta with Grilled Vegetables	Red Pesto Pasta with Spinach & Olives	Green Pesto Pasta with Crumbled Feta	Spiced Three-Bean Burger		
Salad Bar Protein	Tuna Mayo	Free-Range Eggs	Tuna Mayo	Mango Salsa	Tartar Sauce & Lemons		
Jacket Potato Bar	Baked Beans & Mature Cheddar	Baked Beans & Parmesan	Baked Beans & Parmesan	Beef Chilli & Mature Cheddar	Baked Beans & Parmesan		
On the side	Penne Pasta & Garlic Baguettes  Broccoli & Garden Peas	Wholemeal Bread Rolls  Buttered Green Beans & Roast Parsnips	Thyme Roast Potatoes & Yorkshire Pudding  Steamed Carrots & Roasted Kale	Rice & Peas  Grilled Corn on the Cob with Butter & Green Beans	Chunky Chips & Roasted Sweet Potatoes  Garden Peas		
Dessert	Double Chocolate Brownie	Carrot Cake & Cream Cheese	Carrot Cake & Cream Cheese	Fruit Jelly Selection	Rocky Road		
Daily Selection	Indulge in our daily assortment of healthy treats, including freshly cut fruit, creamy yoghurts, and delectable cakes!						

Lunch Week 7 13/10 –17/10	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Soup	Creamy Cauliflower	Hearty Moroccan Harira	Tomato & Basil	Woodland Mushroom & Tarragon	INSET DAY	HALF-TERM		
Main Course	Italian Beef Meatballs	Chicken Pad Thai	Chipotle Beef Chilli	Roast Turkey with Gravy & Yorkshire				
Vegetarian Main course	Pesto & Parmesan Gnocchi	Tofu & Edamame Pad Thai	Red Kidney Bean & Sweetcorn Chilli	Slow-Roasted Tomato & Basil Risotto				
Main Course Three	Tomato & Red Pepper Sauce	Basil Pesto Pasta	Tomato & Spinach Pasta Fresh Tomato & Onion Salsa	Red Pesto Fusilli with Spinach & Olives				
Salad Bar	Tuna Mayo	Free-Range Eggs	Tuna Mayo	Tuna Mayo				
Jacket Potato Bar	Baked Beans & Mature Cheddar	Baked Beans & Cheese	Baked Beans & Cheese	Beef Chilli & Cheese				
On the side	Penne Pasta & Garlic Bread Broccoli & Peas	Spring Rolls & Prawn Crackers Broccoli & Sweetcorn	Tortilla Crisps & Mexican Rice Roasted Sweet Potatoes & Sweetcorn	Paprika Roast Potatoes, Sage & Onion Stuffing Steamed Carrots & Roasted Kale with Lemon				
Dessert	Coconut Flapjack	Chocolate Brownie	Apple Crumble & Vanilla Custard	Lemon Drizzle Cake				
Daily Selection	Indulge in our daily assortment of healthy treats, including freshly cut fruit, creamy yoghurts, and delectable cakes!							