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Supper Week 1 01/09 –07/09	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	INSET DAY	Hearty Italian Beef & Veggie Lasagne Bake	Farmhouse Sausages & Onion Gravy	Fragrant Chicken Biryani with Spices	Smoky BBQ Ribs with Sticky Glaze	Build-Your-Own Juicy Burgers	
Vegetarian Main Course		Cheesy Roast Veg & Lentil Layer Bake	Herb-Infused Veggie Sausages	Spiced Chickpea Biryani	Triple-Cheese Macaroni Bake	Spiced Five-Bean Veggie Burgers	Classic Sunday Roast Chicken Dinner
On The Side		Toasty Garlic Bread Broccoli Florets & Fresh Garden Salad	Sweet Potato Mash & Minty Green Peas Crispy Oven- Roasted Kale Chips	Golden Spinach	Sweet Garden Veg Medley Fiery Chilli Drizzle	New Potatoes - Garlic Hasselback Cheddar Burger Toppers	
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	Supper Week 2 08/09 – 14/09	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
THE POST OF PRINCIPLE	Main Course	Moroccan-Style Harissa Roast Chicken Legs	Mild & Fragrant Beef Madras Curry	Cheesy Pepperoni Pizza with Oregano Sprinkle	Homemade Lamb Shepherd's Pie with Golden Mash Topping	Tuscan Herb Roast Chicken with Sun- Dried Tomato Sauce	Lamb Koftas with Mint Yoghurt	
	Vegetarian Main Course	Mediterranean Stuffed Peppers with Herby Couscous	Creamy Chickpea & Spinach Madras	Classic Margherita Pizza with Basil Drizzle	Hearty Lentil & Garden Veg Shepherd's Pie	Creamy Tuscan Pasta with Feta Crumble & Olives	Homemade Falafel	Classic Italian Beef Lasagne
	On The Side	Spiced Ras el Hanout Potato Wedges with Yoghurt Dip Corn on the Cob with Butter Drizzle	Fluffy Brown Basmati Rice Warm Garlic Naan & Spiced Okra Bites Cool Cucumber & Mint Raita	Crispy Oven Potato Wedges with Tomato Salsa Dip Garlic-Roasted Mushrooms & Sweet Peppers	Honey-Glazed Roasted Carrots & Parsnips	Grilled Courgettes with Lemon Zest Rustic Garlic Ciabatta Slices	Couscous with Grilled Vegetables Chilli Sauce & Fresh Salad	

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		Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course Red		Sizzling Black Bean Beef Noodles with Spring Onion & Sesame	Smoky Chicken & Chorizo Jambalaya with Cajun Spices	Goan Classic Beef Vindaloo	TAPAS BAR Patatas Bravas	Sticky BBQ Chicken Drumsticks	
Vegetarian Main Course Veggie Chick	natic Thai Red gie Curry with kpea & Baby Corn	Sweet Chilli Tofu Noodles with Crisp Veg	Grilled Halloumi & Veggie Cajun Jambalaya	Potato & Paneer Vindaloo	Garlic & Herb Prawns Mini Spanish Omelettes	Stuffed Portobello Mushrooms	Autumn Shepherd's Pie
On The Side Cool C	rant Jasmine Rice Cucumber & at Salad with et Chilli Drizzle	Crispy Veg Spring Rolls with Dipping Sauce Garlic-Infused Mushrooms & Stir- Fried Bok Choy	Buttery Sweetcorn & Tender Broccoli Florets	Naan Bread & Spiced Potatoes Grilled Okra & Cauliflower	Chorizo Bites in Honey Glaze Piquillo Peppers	Grilled Sweet Potatoes with Lemon & chilli Drizzle	

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	Supper Week 4 22/09 –28/09	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Main Course	Sticky Honey & Herb Chicken Drumsticks	Hearty Italian Beef & Veggie Lasagne Bake	Farmhouse Sausages & Onion Gravy	Fragrant Chicken Biryani with Spices	Smoky BBQ Ribs with Sticky Glaze	Build-Your-Own Juicy Burgers	
	Vegetarian Main Course	Sizzling Halloumi Steaks with Sweet Peppers	Cheesy Roast Veg & Lentil Layer Bake	Herb-Infused Veggie Sausages	Spiced Chickpea Biryani	Triple-Cheese Macaroni Bake	Spiced Five-Bean Veggie Burgers	Classic Sunday Roast Chicken Dinner
	On The Side	Crispy Paprika Wedges with Creamy Garlic Dip Corn on the Cob & Rainbow Slaw		Sweet Potato Mash & Minty Green Peas Crispy Oven- Roasted Kale Chips	Golden Spinach	Sweet Garden Veg Medley Fiery Chilli Drizzle	New Potatoes - Garlic Hasselback Cheddar Burger Toppers	
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Supper Week 5 29/09 – 05/10	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Moroccan-Style Harissa Roast Chicken Legs	Mild & Fragrant Beef Madras Curry	Cheesy Pepperoni Pizza with Oregano Sprinkle	Homemade Lamb Shepherd's Pie with Golden Mash Topping	Tuscan Herb Roast Chicken with Sun- Dried Tomato Sauce	Lamb Koftas with Mint Yoghurt	
Vegetarian Main Course	Mediterranean Stuffed Peppers with Herby Couscous	Creamy Chickpea & Spinach Madras	Classic Margherita Pizza with Basil Drizzle	Hearty Lentil & Garden Veg Shepherd's Pie	Creamy Tuscan Pasta with Feta Crumble & Olives	Homemade Falafel	Classic Italian Beef Lasagne
On The Side	Spiced Ras el Hanout Potato Wedges with Yoghurt Dip Corn on the Cob with Butter Drizzle	Fluffy Brown Basmati Rice Warm Garlic Naan & Spiced Okra Bites Cool Cucumber & Mint Raita	Crispy Oven Potato Wedges with Tomato Salsa Dip Garlic-Roasted Mushrooms & Sweet Peppers	Honey-Glazed Roasted Carrots & Parsnips	Grilled Courgettes with Lemon Zest Rustic Garlic Ciabatta Slices	Couscous with Grilled Vegetables Chilli Sauce & Fresh Salad	

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Supper Week 6 06/10–12/10	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main Course	Creamy Thai Prawn Red Curry with Coconut & Lime	Sizzling Black Bean Beef Noodles with Spring Onion & Sesame	Smoky Chicken & Chorizo Jambalaya with Cajun Spices	Goan Classic Beef Vindaloo	TAPAS BAR Patatas Bravas	Sticky BBQ Chicken Drumsticks	
Vegetarian Main Course	Aromatic Thai Red Veggie Curry with Chickpea & Baby Corn		Grilled Halloumi & Veggie Cajun Jambalaya	Potato & Paneer Vindaloo	Garlic & Herb Prawns Mini Spanish Omelettes	Stuffed Portobello Mushrooms	Autumn Shepherd's Pie
On The Side	Fragrant Jasmine Rice Cool Cucumber & Mint Salad with Sweet Chilli Drizzle	Crispy Veg Spring Rolls with Dipping Sauce Garlic-Infused Mushrooms & Stir- Fried Bok Choy	Buttery Sweetcorn & Tender Broccoli Florets	Naan Bread & Spiced Potatoes Grilled Okra & Cauliflower	Chorizo Bites in Honey Glaze Piquillo Peppers	Grilled Sweet Potatoes with Lemon & chilli Drizzle	

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Supper Week 7 13/10 –17/10	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
Main Course	Sticky Honey & Herb Chicken Drumsticks	Hearty Italian Beef & Veggie Lasagne Bake	Farmhouse Sausages & Onion Gravy						
Vegetarian Main Course	Sizzling Halloumi Steaks with Sweet Peppers	Cheesy Roast Veg & Lentil Layer Bake	Herb-Infused Veggie Sausages						
On The Side	Crispy Paprika Wedges with Creamy Garlic Dip Corn on the Cob & Rainbow Slaw	Vedges with amy Garlic Dip Broccoli Florets & Fresh Garden Salad	Sweet Potato Mash & Minty Green Peas Crispy Oven- Roasted Kale Chips						